

The Tournament Director reserves the right to combine divisions and / or mix genders

## KATA (Forms)

**Flag system:** Two at a time.  
**Ranks 9 Kyu – 4 Kyu:** Must perform basic Kata such as: Taikyoku, Heian, Pinan, Gekisai & any other similarly categorized Kata.  
**Ranks 3 Kyu & above:** Must perform advanced Kata's from Tekki Shodan and up.

**Separate** male & female divisions, if practical, divided by **similar** rank & age as follows.

Children ----- Ages 5 & 6-7 & 8-9 & 10-11  
Youth ----- Ages 12-13 & 14-15 & 16-17  
Adults ----- Ages 18 – 34  
Seniors (1) ----- Ages 35 – 44  
Seniors (2) ----- Ages 45 & older

## FLAG SPARRING - TWO and THREE PERSON

**Intended for children not yet into free sparring (Kumite)**

Headgear is **mandatory** for **all** competitors.

**Separate** male & female divisions, if practical, divided by **similar** experience, rank & age as follows.

Beginner: Under 1 year of training & less than 9 kyu.

Novice: Over 1 year of training or 9 kyu & over.

Children ----- Ages 5\* & 6-7\* & 8-9\* & 10-11\*

\*Children Ages 5 – 11 may participate in either Kumite or Flag Sparring, but not both.

## KUMITE (Sparring)

**Separate** male & female divisions divided by **similar** size, rank & age as follows.

Children Male ----- Ages 5\* & 6-7\* & 8-9\* & 10-11\*

Children Female ----- Ages 5\* & 6-7\* & 8-9\* & 10-11\*

\*Children Ages 5 – 11 may participate in either Kumite or Flag Sparring, but not both

Youth Male - Ages 12-13 & 14-15 & 16-17

Adults Male - Ages 18 – 34

Seniors (1) Male - Ages 35 – 44

Seniors (2) Male - Ages 45 & older

Youth Female - Ages 12-13 & 14-15 & 16-17

Adults Female - Ages 18 – 34

Seniors (1) Female - Ages 35 – 44

Seniors (2) Female - Ages 45 & older